

# Camp



# Olympus

**SUMMER DAY CAMPS FOR AGES 6-12!**

Adventures, field trips, & friends!

Olympus Sports Coliseum  
4500 Pell Drive, Suite B  
Sacramento, CA 95838  
(916) 666-9741

Day Camp Program Coordinator  
Rashad L. Williams Sr  
[rashad.olympus@gmail.com](mailto:rashad.olympus@gmail.com)  
(916) 666-9741

Thank you for enrolling your child into Olympus Sports Coliseum Summer Day Camp program. Olympus Sports Coliseum strives to serve and meet the needs of the Natomas community. Camp Olympus provides an affordable option for supervised care for children, opportunities for children to build social skills, make new friends, gain a love for physical activity and the outdoors and create positive lasting memories. Camp Olympus maintains a high level of quality programming through careful planning, qualified staff, and intense safety trainings.

Please familiarize yourself with this packet and return the **CAMPER INFORMATION FORM** to the front desk of the Olympus Sports Coliseum, Attn: Rashad Williams Sr or give to the Camp Olympus Staff on site the morning you arrive for camp. Every child **MUST** have this form on file in order to be left under the supervision of Camp Olympus and staff.

- Camper Information Form
- Camp Waiver (Must be completed online)

The Camp Olympus Registration Packet will provide you with general program information that pertains to the program, along with a camp information sheet. All camp participants will need a completed **Camper Information Sheet** and **Camp Waiver** on site while attending a Camp Olympus program. After reviewing the registration packet, additional questions, comments or concerns can be addressed by contacting the Program Coordinator, Rashad Williams Sr at [rashad.olympus@gmail.com](mailto:rashad.olympus@gmail.com)

### **General Program Information**

Camp Olympus programs spend the majority of their time indoors. Children participate in a variety of activities including sports, arts & crafts, games and water activities. Children are supervised at all times by camp staff while in their age groups\* or camp wide. Thursdays are field trip days.\*\*All attending campers must wear a camp t-shirt (\$10). Occasional camp wide activities and contests that fit the weekly theme. Campers are required to bring their own lunch and water bottle, each day.

\*Siblings are not placed in the same group unless they are the same age. Exceptions will be made at the discretion of the Day Camp Director for children who are having difficulty adjusting to the camp program. There may be some weeks where the camp isn't split due to the enrollment numbers.

\*\* There is no additional cost for field trips **BUT** Camper T-shirts must be purchased for \$10 each to wear on field trips. (This helps staff easily identify campers.)

### **Registration Information**

- You may register for a single week session or the entire summer. Payment is due at the time of online registration. We will not hold spaces without payment and may decline registration for safety reasons if the Staff/Camper ratio has reached its maximum.
- **Sibling & Full Summer Discount**- For each sibling you register for camp, you will receive \$10 off. If you register for all 8 weeks of camp, you will receive a discount of \$10 for each week.
- **PLEASE REGISTER YOUR CHILD NO LATER THAN THE WEDNESDAY BEFORE THE CAMP SESSION BEGINS.** This allows us to have a more accurate count of campers and the amount of staffing needed for the week.

- **Camp must have a minimum of 17 kids to run. If registration comes in below that number, we have the right to cancel camp for that week.**
- Children must be registered with **all paperwork completed before the child is left in our care.** Please allow yourself extra time to complete the Camper Info sheet and Camp Waiver on-site if you have not returned it prior to the first day of camp.
- Payments must be paid in full by the first day of camp (Monday). They can be made online or in person at Olympus Sports Coliseum.
- This is a recreation program run by the Olympus Sports Coliseum. Our staff is trained exclusively for summer day camp. We are not a licensed child care facility or a day care program.
- **Photos may be taken** of the program for publication on Facebook page, website and other promotional use. Please note on your child's information form if you object to your child's photo being used.

## Refund Policy

We will issue refunds under the following circumstances:

- *Dissatisfaction with the program for first-time campers:* We are proud of our program, and believe it to be of high quality. However, we know not all programs are right for every child. If you have any questions or concerns, please contact the Program Coordinator immediately at (916) 666-9741. We can address any issues and will discuss further if the program is ultimately the right fit for your child.
- *Cancellation prior to the start of the session:* If you cancel prior to the start of the session, you will receive a full refund. If you cancel after the first day of the session, you will receive a prorated refund.
- *Serious illness/hospitalization of camper or death in the family:* provided Olympus Sports Coliseum is notified within two days of the absence.

**PLEASE NOTE: Refunds will NOT be given for missed days or for suspension.**

## Medications

Children who take medication during camp hours should bring it in their lunch container. The lunch container should be labeled with the child's name and the medication **MUST BE LABELED** with the child's name and content. Children can be reminded to take medication, but they are responsible for doing so. Children with life threatening conditions such as asthma or bee sting allergies should keep their medication with them. The medication portion of the Camper Information Form must be completed for children taking or carrying medication at camp. **Camp staff cannot administer or hold onto medication.**

\*We will make every reasonable effort to comply with the *Americans with Disabilities Act*. If, due to some form of disability, your child requires special accommodations, please call us in advance at (916) 666-9741.

## Field Trips

- All Camp Olympus participants are **REQUIRED** to wear a **Camp Olympus Gold T-shirt** on field trips along with an Olympus field trip wrist band. Camp t-shirts can be purchased at the Olympus front desk for \$10 each, wristbands are provided the day of the field trip.
- We do not have alternate care for children who are not attending the field trip. There are no refunds for children who miss field trip day.

- Field Trip notices will be available for pick-up the day prior to the field trip. (i.e. Thursday Field Trips will receive the notice on Wednesday. Wednesday field trips will receive the notice on Tuesday. Spending money is optional, children are solely responsible for their spending money; staff cannot hold money for campers.
- **Be on time.** The bus/van will leave promptly at the scheduled time. Children attending the field trip must ride the bus to and from the destination. There are no refunds for children who miss the bus and subsequently miss the field trip. Parents may not transport children to attend the field trip, unless permission is granted by the Program Coordinator, prior to the day of the field trip, under specialized circumstances. If we are having a special event at the facility, you are welcome to attend.
- **To attend any field trip Camp Olympus takes, your child must be enrolled a minimum of 3 days that week. It's for the safety of the child and the staff. If you have any questions regarding this, you may contact the program coordinator.**

### Camp Rules:

- Follow directions; listen to, respect, and cooperate with others.
- Respect the facilities.
- Keep one foot on the ground at all times; NO EQUIPMENT CLIMBING!
- Keep rocks and all “ground stuff” on the ground. Do not throw things.
- Get permission before leaving your activity area. Always use the “Buddy System”.
- You must wear shoes at all times at camp, except while swimming.
- Do not bring cell phones, toys or valuables from home.

### Behavioral Policies

Inappropriate behavior will be addressed promptly. The situation will be discussed by the staff and the participant(s) involved. The parent(s) of the child(ren) may be contacted.

The following format is used:

1st offense	Warning
2nd offense	Removal from the activity (temporarily)
3rd offense	Removal from activity; child speaks to Program Coordinator, parent may be contacted.

Possible consequences include sitting out from a group activity, loss of special activities, suspension from field trip, or having to write a letter home. Should you receive one of these letters, please discuss the incident with your child, sign the letter (so we know you received it), and return it to camp the next day.

If the behavior is such that the child is a danger to himself or others, or is interfering with the program, you will be asked to pick up your child from camp immediately. NO REFUNDS will be issued for children missing camp due to behavioral incidents.

Physical aggression or violence is addressed as follows:

- 1st offense Removal from activity, speak to Program Coordinator, parents will be called. If the child is uncooperative, violent, or disrespectful of staff, the child will be sent home.
- 2nd offense Suspended from the field trip, may also be suspended additional full days of camp.
- 3rd offense Permanent removal from program.

The actions taken by staff will be governed by the age of the child and the behavior. If the staff feels the child is a danger to him/herself or others, he or she will be immediately suspended from the program. Our program is recreational in nature; staff is not trained in psychological or behavioral disorders. Staff will attempt to work with the child and parents within reason, however the safety of the other children and our staff is paramount. No child will be allowed to participate if he or she threatens the safety of others.

## **The Staff**

### Program Coordinator

The Program Coordinator is responsible for creating, and/or implementing the program, the policies and the procedures necessary to ensure the safety of our staff and participants in addition to providing quality community enrichment. The program coordinator responsible for the administration and registration of the program along with customer service and satisfaction. The coordinator also organizes and conducts the hiring and training process for summer staff.

Rashad Williams Sr (916) 666-9741 or [rashad.olympus@gmail.com](mailto:rashad.olympus@gmail.com)

### Camp Director

Under the direction of the Program Coordinator, the Camp Director is responsible for the daily operations of the program, safety and supervision of all staff and participants, proper opening/closing of facilities and maintaining a supplies inventory, forms and records, as needed. This position will assist in creating or improving on camp themes, curriculum, policies, procedures, scheduling and field trips. The Camp Director will also address any customer service or staff related issues.

Rashad Williams (916) 666-9741 or [rashad.olympus@gmail.com](mailto:rashad.olympus@gmail.com)

Joanna Mattsson-Boze (916) 666-9741 or [joanna.olympus@gmail.com](mailto:joanna.olympus@gmail.com)

### Recreation Leaders

The Recreation Leader is responsible for facilitating, initiating and leading children's games, sports, crafts and water activities. This position works directly with campers and is accountable for their safety and supervision throughout the day's activities and on field trips. Recreation Leaders are expected to create and maintain a safe, enjoyable and fun atmosphere for campers, as well as, be a leader and a role model for appropriate social and physical behaviors.

We are very proud of the quality of staff we have assembled for this program. Our staff is hired and trained specifically for these leadership positions. To be considered for a Camp Recreation Leader position, an

applicant must be a minimum of 17 years of age and have experience working with children ages 5-11. Candidates are screened through an interview process, a reference check and a Live Scan fingerprinting check for any criminal convictions. Our staff are certified in CPR and First Aid and undergo yearly trainings which include Mandated Reporting, activity and games training, leadership, problem solving, handling behaviors and discipline and basic water safety training. Many of our staff members are in college, training to work with children in full-time careers as teachers, psychologists or social workers. All have been selected for their enthusiasm, love of children, and the particular skills and strengths they bring to the program.

## Things to bring to Camp

- Shoes – Children must arrive to camp with closed toed shoes to be able to run in and clothing that can get dirty. Sandals and flip flops may be worn during pool time.
- Backpack - Children will carry their belongings as they change activity locations. Please ensure that your child’s bag is light enough for him or her to carry. Two shoulder strapped bags are suggested.
- Snack – Morning snack is at 10:15am and many children need an afternoon snack around 3:00 pm. Snacks are separate from lunch and often times require an additional drink.
- Lunch – Each camper is responsible for providing their own lunch. Lunch time is “camp wide”at 12:30pm. An insulated lunch sack with an ice pack is suggested. Sharing or trading food is not allowed at Camp.
- Swimsuit – Campers will participate in water activities on a regular basis. Depending on the location campers may have time to play at the pool, splash park or water stations.
- Towel – Your child will need a towel for water activities.
- Sunscreen – Each camper needs to bring sunscreen and apply it to **themselves** several times a day. Camp Leaders and friends can assist with applying sunscreen to the face and back ONLY.
- Water – Refillable water containers are recommended. Water breaks are encouraged throughout the day to keep hydrated. Drinking fountains are available for refills.

## What NOT to bring to camp

- We are not responsible for lost, damaged or stolen belongings. Toys, valuables and electronics are not recommended for camp.
- **Cell phones are not allowed at camp.** If a cell phone is a necessity, phones must be left in backpacks during camp hours. Staff members have access to facility phones if parental contact is mandatory. Continual program disruptions by cell phones will result in the phone being turned into the supervisor for parent pick-up.



Olympus Sports Coliseum

Camp Olympus **AGES: 6-12**

**Regular Camp Hours:** Monday-Friday • 9AM-4PM

**Extended Hours:** Afternoon 4-6PM: \$20 per week

**Camper T-Shirt Fee:** \$10 (required for all field trips)

<b>Dates</b>	<b>Field Trip</b>	<b>Theme</b>
<b>Week One</b> June 5-9 <b>\$185</b>	Roller Skating	<b>Kickin' it Old School</b>
<b>Week Two</b> June 12-16 <b>\$185</b>	Antelope Aquatic Center	<b>Flags &amp; Tags</b>
<b>Week Three</b> June 19-23 <b>\$185</b>	Sunsplash	<b>Explorer Week</b>
<b>Week Four</b> June 26-30 <b>\$185</b>	Movies (Captain Underpants)	<b>101 Ways to Dodge</b>
<b>Week Five</b> July 5- July 7 <b>\$165</b>	Camp-A-Palooza	<b>Olympus Spirit</b>
<b>Week Six</b> July 10-14 <b>\$185</b>	Wacky Tacky	<b>Super Hero Week</b>
<b>Week Seven</b> July 17-21 <b>\$185</b>	Lembi Park Folsom Aquatic Center	<b>Deep Sea Divers</b>
<b>Week Eight</b> July 24-28 <b>\$185</b>	John's Incredible Pizza	<b>Ultimate/ Extreme Sports</b>
<b>Week Nine</b> July 31-Aug 4 <b>\$185</b>	BBQ Fun day @ Olympus	<b>Extreme Survivor</b>

### **Field Trips**

Field trip locations are chosen to match the weekly theme, but are subject to change, if needed. All campers are supervised and travel in groups while off-site of Olympus Sports Coliseum. Campers must have attended at least 1 day of camp Monday-Wednesday, in order to attend the Thursday field trip.

### **Pro-Rated Policy:**

Pro-rated fee will be \$50 per day. We require all children to be registered for at least 3 out of the 5 days per week. You must contact our front office in order to receive pro-rated accommodations.

### **Late Pick-Ups:**

Regular camp ends at 4pm. We give a grace period of 15 minutes. If your child is picked up after 4:15pm, you will be charge \$1 per minute until your child is picked up. You must pay the late fine the next day your child attends camp or they will not be allowed to attend. If your child is picked up late 2 consecutive days, you will be charge the extended day price of \$20 per week so your child can stay until 6pm.

### **Camp Olympus daily schedule is as follows:**

9:00 am	Camp Begins
9:00-9:30 am	Circle time (camp wide games and camp songs led by staff)
9:30-9:45 am	Staff introductions, rules & announcements
9:45-10:15 am	Split children into age groups* snack time, apply sunscreen & small group games
10:15-11:00 am	Rotation #1 (Group Time, Craft, Sports)
11:00-11:45 am	Rotation #2 (Sports, Group Time, Craft)
11:45-12:30 pm	Rotation #3 (Craft, Sports, Group Time)
12:30-1:30 pm	Lunch
1:30-3:00 pm	Rotation #4 Water Station Rotations, *Sport of the day*
3:00-3:15 pm	Snack
3:15-4:00 pm	Closing assembly, Table activities, & board games
4:00 pm	Regular camp hours end
4:00-6:00 pm	Extended hours

\*If numbers dictate the split of age groups

\* Schedule is subject to change based on availability



## Olympus Sports Coliseum • Camp Olympus Information Form

### Child's Information

Child's Name: \_\_\_\_\_ Birth Date: \_\_\_\_\_ Age: \_\_\_\_\_  
Preferred name ("nick name"): \_\_\_\_\_ Sex: M F  
Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_  
Child lives with:  Both Parents  Mother  Father  Other: \_\_\_\_\_

### Parent/Guardian Information

Name: \_\_\_\_\_ Work/Cell Phone: \_\_\_\_\_ Relationship: \_\_\_\_\_  
Name: \_\_\_\_\_ Work/Cell Phone: \_\_\_\_\_ Relationship: \_\_\_\_\_

### Permission to pick up your child (must be 18 yrs old; may request to show I.D.)

\*additions and changes can be made at any time, contact the site supervisor

Name: \_\_\_\_\_ Phone: \_\_\_\_\_ Relationship: \_\_\_\_\_  
Name: \_\_\_\_\_ Phone: \_\_\_\_\_ Relationship: \_\_\_\_\_  
Name: \_\_\_\_\_ Phone: \_\_\_\_\_ Relationship: \_\_\_\_\_

- Is there anyone who is **NEVER** to pick up your child? \_\_\_\_\_
- Is there any other information we should know about your child? (Special concerns or fears) \_\_\_\_\_

### Medical Information

Any allergies (food, drugs, insects)? \_\_\_\_\_  
Does your child require an EpiPen for allergies? (Please circle one) Yes No  
Medical concerns or activity restrictions? \_\_\_\_\_  
Current medications and dosage \_\_\_\_\_

### Complete only if your child takes medication during Camp hours

The child named above will be taking medication while at camp. Olympus Sports Coliseum staff has my permission to counsel camp staff regarding the possible effects of the medication on my child. I will not hold Olympus Sports Coliseum or its employees responsible if my child refuses to take the medication.

Parent's Signature \_\_\_\_\_ Parent's Name (print) \_\_\_\_\_

A.) Medication name \_\_\_\_\_ Reason for medication \_\_\_\_\_  
Dosage \_\_\_\_\_ Time to be taken \_\_\_\_\_ If "as needed": how often may it be taken? \_\_\_\_\_  
Side effects \_\_\_\_\_ Signs of over dosage \_\_\_\_\_

B.) Medication name \_\_\_\_\_ Reason for medication \_\_\_\_\_  
Dosage \_\_\_\_\_ Time to be taken \_\_\_\_\_ If "as needed": how often may it be taken? \_\_\_\_\_  
Side effects \_\_\_\_\_ Signs of over dosage \_\_\_\_\_

- How did you hear about our program? \_\_\_\_\_
- Is there someone we can thank for referring you? (Name) \_\_\_\_\_

*Please contact us if your child requires special accommodations to fully enjoy our Day Camp Program.*